Atypical Presentation of Langerhans Cell Histiocytosis

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Abbreviations

EBV: Epstein-Barr virus; CT: Computed Tomography; IGRA: Interferon-Gamma Release Assay; HIV: Human Immunodeficiency Virus; PPD: Purified Protein Derivative; VCA: Viral Capsid Antigen

Clinical Image

A 4-year-old male from Guinea-Bissau presented with a 3-year history of a painless, progressively enlarging bilateral cervical mass (Figure 1). There was no failure to thrive, fever or any constitutional symptom. Dyspnea, dysphonia, sialorrhea and dysphagia were absent. Besides a bulky, tender bilateral cervical mass, physical exam was otherwise normal. There were no skin lesions, palpable lymphadenopathies or hepatosplenomegaly. Cervical ultrasonography showed an extensive, lobulated, solid, heterogeneous cervical mass involving cervical structures but not invading them. Contrast-enhanced cervical CT scan revealed a multicompartmental captive lesion involving the neck, with extension to the upper and anterior mediastinum (Figure 2). Skeletal survey, chest X-ray and abdominal ultrasound were normal. Complete blood count, erythrocyte sedimentation rate, C-reactive protein, liver and kidney function and urinalysis were normal. HIV, cytomegalovirus, bartonellosis were excluded. The PPD test had no induration and IGRA-QuantiFERON® was negative. VCA-IgG and EBNA antibodies for Epstein-Barr virus were positive and VCA-IgM was negative.

Excisional biopsy of the mass was performed and anatomopathological examination demonstrated partial effacement of lymph node with preservation of some follicular centers and an extensive infiltrate composed of sheets of histiocytes, with morphology of Langerhans cells (Figure 3). Immunohistochemical staining showed positivity for S100 protein, CD68 and CD1a, confirming the diagnosis of Langerhans cell histiocytosis (LCH).

Also, EBV virus DNA was detected in biopsy by polymerase chain reaction. Etiology of neck masses in children typically fall into one of three categories: developmental, inflammatory/reactive or neoplastic. Most cervical masses are infectious or reactive in origin. Enlarged lymph nodes that are firm and immobile, persist longer than six weeks or enlarge during a course of antibiotics should be evaluated and a biopsy is recommended [1].

LCH is a rare disease with unknown etiology characterized by abnormal proliferation of Langerhans cells [2]. Lymphadenopathy is seen in approximately 20% and in pediatric patients, cervical lymph nodes are the most frequently involved with known multisystemic disease [3]. Presentation of LCH as a cervical...
mass with lymph node involvement in a primary isolated form, without cutaneous or bone involvement, as the case we present, is extremely rare [3]. The diagnosis is based on histopathological examination [4,5].

Some reports indicate a higher detection of EBV in lymph nodes of patients with LCH [6,7]. It is tempting to establish a causal association between EBV and the pathogenesis of LCH. But recent publications indicate that this higher frequency is accounted for by the infection of bystander B lymphocytes and macrophages in LCH granuloma. This fact could be attributed to the immunosuppressive micro environment found in the LCH granuloma [8,9].

References
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