

Applications of the Mental Health Profile of Etindele Questionnaire

Nakamura Mitsu¹, Okito Nakamura² and Sana Raouafi³

¹The graduated University of Advanced Studies, Japan

²Global Research Department, Ritsumeikan University, Japan

³Biomedical engineering department, polytechnic school of Montreal, Canada

Article Information

Received date: Sep 30, 2017

Accepted date: Oct 06, 2017

Published date: Oct 10, 2017

*Corresponding author

Faustin Armel Etindele Sosso,
Department of Biological Sciences,
University of Montreal, Research Center
in Neuropsychology and Cognition,
Quebec, Canada, Tel: +1 514 343 6111;
Email: etindele@hotmail.fr

Distributed under Creative Commons
CC-BY 4.0

Article DOI 10.36876/smjsd.1012

The Mental Health Profile of Etindele Questionnaire (MHPE) offered a new tool for detection of cognitive decline and mental health. It permits an easy and precise investigation of the early symptoms of neurodegenerative disease, as well as cognitive decline; for both healthy and unhealthy population. It is mainly used for sleep disorders. It can be use online, in interview, by phone, by the participant himself or the therapist, clinician or researcher. Recent published articles demonstrated that, MHPE allows an efficient collection of data on principles mood disorders like depression, anxiety and well-being [1-13]. It also allows to investigate early signs of neurological dysfunctions like sleep disorders, while in the same time it provides sociodemographic measure of the participant [1,6,8]. Accuracy and utility of Mental Health Profile of Etindele should be validate in other languages like Spanish, Arabic and English. The global score and categories will be upgraded to include comorbidities risk factors metabolic diagnosis and obesity, which can clearly impact the trajectory of diseases and may increase the quality of the current questionnaire. A wide use of this questionnaire will spread his different applications in the field of psychology, dementia, neurology and sociology.

References

1. Sosso FAE. Neurocognitive game between risk factors, sleep and suicidal behaviour. *Sleep Science*. 2017; 10: 41-46.
2. Etindele Sosso F. Sleep Disorders and Insomnia: Effects on a Young Population. *Psychology and Psychiatry*. 2017; 2: 26-32.
3. Etindele Sosso F, Hito M, Bern S. Basic activity of neurons in the dark during somnolence induced by anesthesia. *J Neurol Neurosci*. 2017; 8: 203.
4. Etindele Sosso F, Raouafi S. Appropriate Sleep Duration and Physical Activity Modulate Cognitive Improvement. *J Sleep Disor: Treat Care*. 2016; 5: 4.
5. Etindele Sosso FA. Visual dot interaction with short-term memory. *Neurodegenerative disease management*. 2017; 7.
6. Etindele Sosso FA. Negative Involvement of the Working Environment in the Occurrence of Cognitive Disorders. *Transl Biomed*. 2017; 8: 2.
7. Etindele Sosso FA, Nakamura O, Mitsu N. Evaluation of Combined Effects of Insomnia and Stress on Sleep Quality and Sleep Duration. *Journal of Neurology and Neuroscience*. 2017; 8: 202.
8. Etindele Sosso FA, Raouafi S. Brain Disorders: Correlation between Cognitive Impairment and Complex Combination. *Mental Health in Family Medicine*. 2016; 12: 215-222.
9. Raouafi S, Etindele Sosso FA. Cyberpsychology: Video Games as a perspective for Cognitive Training. *Ment Health Addict Res*. 2017; 2: 1-2.
10. Sosso FE. Neurocognitive Game between Risk Factors, Sleep and Suicidal Behaviour. *Sleep Sci*. 2017; 10: 41-46.
11. Etindele Sosso FA, Kabore P. The African Burden of Mental Health. *J Ment Disord Treat*. 2016; 2: 12-22.
12. Etindele Sosso FA NO, Nakamura M. Epidemiology of Alzheimer's Disease: Comparison between Africa and South America. *J Neurol Neurosci*. 2017; 8: 204-207.
13. Sosso FAE, Raouafi S. An Overview of Positive Interaction between Exercise and Mental Health. *J Neurol Neurosci*. 2017; 8: 215-219.

OPEN ACCESS

ISSN: 2576-5485