



A Case of Neuroendocrine Tumor Misdiagnosed as Autoimmune Pancreatitis

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Summery

A 47-year-old woman presented with recurrent abdominal distension for more than 2 years. The patient developed a feeling of fullness in the upper and middle abdomen after eating food 2 years ago. There was no nausea, vomiting, abdominal pain, diarrhea, acid regurgitation or heartburn. Gastroscopy in another hospital showed chronic superficial gastritis with erosion and biliary reflux. After taking omeprazole and other acid suppressants for a period of time, the symptoms disappeared and the medication was stopped. Gastroscopy in the other hospital showed chronic superficial gastritis with erosion, and abdominal distension was not significantly relieved after taking acid suppressants. On June 17, 2023, contrast-enhanced CT in the middle and upper abdomen showed diffuse enlargement of the pancreas with uneven enhancement, and malignant tumor. Autoimmune pancreatitis? On June 28, 2023, he was admitted to the outpatient department of Gastroenterology of our hospital, and his Immunoglobulin G4 (IgG4) was 1.25g/L. Blood routine test showed eosinophil count 0×10^9 /L, eosinophil percentage 0%. Liver function tests showed AST mitochondrial isoenzyme 3.1U/L, γ -glutamyl transpeptidase 113 U/L, alkaline phosphatase 115U/L, and aspartate aminotransferase 14U/L. Hemoglobin A1c 9.6%; Tumor markers: carcinoembryonic antigen 3.24ng/ml, carbohydrate antigen 199 8.85U/ml. Physical examination: flat abdomen, no abdominal muscle tension, no tenderness, rebound pain. The liver and spleen were not palpable, and the family history was normal. Blood routine test showed eosinophil 0.03×10^9 /L and percentage of eosinophil 0.7%. On July 8, 2023, pancreas enhanced MRI showed pancreatic swelling, heterogeneous pancreatic signal, pancreatic changes, consistent with autoimmune pancreatitis, and pancreatic duct dilatation. After painless endoscopic ultrasonography, diffuse enlargement of the gland was found, and a round hypoechoic lesion was seen in the body and tail of the pancreas. The maximum section was about 4.5×2.9 cm, and the hypoechoic pancreatic mass was found. EUS-FNA; Puncture pathology: cytology smear: (pancreatic puncture) no malignant cells were found; Liquid-based cytology showed tumor cells were found, epithelial origin, mild atypia, consistent with neuroendocrine tumors. Immunohistochemical: CAM5.2 (+), CK7 (-), CgA (+), Syn (+), CD56 (+), INSMI (+), ATRX (+), RB (+), CD38 (-), SSTR2 (+),

p53 (< 5%), Ki67 (2%). Combined with immunohistochemical staining results, (pancreatic puncture) neuroendocrine tumor was considered as NET-G1 grade. Blood routine test on July 17, 2023: eosinophil 0×10^9 /L, eosinophil percentage 0%; Autoimmune antibodies were negative. Tumor markers: Alpha-Fetoprotein (AFP) 2.48 ng/ml, carcinoembryonic antigen 3.4ng/ml, carbohydrate antigen CA199 10.09U/ml. On July 22,2023, the patient was admitted to the Department of Pancreatic surgery for suspected "pancreatic tumor". On July 20,2023, pancreatic artery CT enhancement was considered to indicate pancreatic sausage like swelling and pancreatic changes. Consistent with the manifestations of autoimmune pancreatitis, total pancreatectomy + splenectomy + portal vein lateral wall resection and reconstruction + retroperitoneal lymph node dissection under general anesthesia was performed on July 25, 2023. During the operation, a mass with a maximum diameter of > 3cm was palpable in the head, neck and body of the pancreas, the surface was not smooth, the boundary was unclear, and the activity was acceptable, with nerve involvement. Suspected lymph node metastasis was observed around the mass. Postoperative <https://fanyi.youdao.com/download/pathology> showed total pancreatic Neuroendocrine Tumor (NET G2), and the tumor partially grew along the main pancreatic duct and branch pancreatic duct. On September 14, 2023, the enhanced MRI of the pancreas showed postoperative changes of the pancreas, multiple metastatic tumors in the liver, and scattered diffuse limited slightly large lymph nodes near the mesenteric vessels. Radiofrequency ablation was performed in the Hongkou branch of our hospital on October 28, 2023.

Keywords: Neuroendocrine tumor; Autoimmune pancreatitis

Discussion

Pancreatic Neuroendocrine Neoplasm (pNEN) is a relatively rare tumor, but the incidence of pNEN has increased in recent years [1]. pNEN can be divided into functional and nonfunctional categories according to whether the patient has the corresponding clinical manifestations due to the secretion of hormones by the tumor. Functional pNEN accounted for 34.4% and non-functional pNEN accounted for 65.6% [2]. The most common primary sites of neuroendocrine tumors in China are pancreas, rectum and stomach [3]. Due to its onset in the pancreas, its clinical manifestations are insidious and its biological characteristics are highly heterogeneous, which makes its diagnosis and treatment difficult. In clinical practice, serum Chromogranin A (CgA) and Neuron Specific Enolase (NSE) are often used to assist in the diagnosis and determination of tumor burden, and even to evaluate the efficacy and prognosis [4]. In addition, the levels of hormones, such as gastrin, insulin, glucagon, etc., can also be detected to determine the type and whether the tumor is functional. In terms of imaging evaluation, CT or MRI methods are often used for localization diagnosis and clinical staging of non-functional pNEN. The sensitivity and specificity of spectral CT combined with perfusion in the diagnosis of neuroendocrine tumors were 83.1% - 96.2% [5], and MRI was superior to CT in the diagnosis of liver metastases and small pancreatic lesions [6]. Compared with MRI and CT, the overall sensitivity and specificity of EUS in the diagnosis of pancreatic neuroendocrine tumors were 86.0% and 89.7% respectively [7]. The gold standard for the

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diagnosis of non-functional pNEN is pathology. Eus can directly obtain histopathological specimens through fine needle aspiration, which is conducive to the localization and qualitative diagnosis of non-functional pNEN. In terms of treatment, surgical resection is an important treatment for nonfunctional pNEN [8], and surgical resection is the main treatment for local tumors. The liver is the most common distant metastasis site of nonfunctional pNEN. The main treatment options for liver metastases include radiofrequency ablation, transcatheter arterial embolization and transcatheter arterial chemoembolization [9]. When the primary lesion cannot be completely resected or combined with surgical risk factors, medical treatment can be selected, such as immune checkpoint inhibitors (pembrolizumab, etc.), biological therapy (octreotide, etc.), targeted drugs (sunitinib, etc.), radionuclide scanning, etc. To delay the survival times of patients [10]. When the tumor involves the whole pancreas, it needs to be differentiated from autoimmune pancreatitis and other diseases. Autoimmune pancreatitis (AIP) is a special type of chronic pancreatitis, which is characterized by local or diffuse enlargement of the pancreas, irregular narrowing of the main pancreatic duct, elevated serum Immunoglobulin G4 (IgG4), accumulation of other organs, and steroid therapy [11]. According to its morphology, autoimmune pancreatitis can be divided into diffuse type and focal type on imaging [12]. Although AIP usually shows diffuse enlargement of the pancreas with a saussure-like appearance, delayed enhancement and band-like structure, and capsule formation on imaging findings [13], it still needs to be differentiated from other diseases. In order to avoid misdiagnosis and delay surgery, it is necessary to distinguish diffuse AIP from pancreatic neuroendocrine tumors [14]. Although it is rare in clinic, it still needs to be paid attention to by clinicians. The patient was a middle-aged woman with a long course of disease, 2 years of nonspecific abdominal distension and imaging findings similar to AIP. Endoscopic Ultrasoundguided Fine Needle Aspiration (EUS-FNA) was performed to obtain pancreatic tissue for pathological examination, and the final diagnosis was non-functional pNEN. Total pancreatectomy was performed. Therefore, it is very important to differentiate non-functional pNEN from AIP. We suggest that when the clinical features are nonspecific, the imaging diagnosis is unclear, and the IgG4 level is not increased, EUS-guided fine needle aspiration biopsy should be performed to confirm the pathological diagnosis (Figures 1,2).



Figure 1: Shows pancreatic swelling, uneven signal of the pancreas, no obvious focal abnormal enhancement after enhancement; Conclusion: Changes in the pancreas are consistent with autoimmune pancreatitis, dilated pancreatic duct.



Figure 2: Diffuse enlargement of the pancreas, low echo of the parenchyma, a round hypoechoic lesion can be seen in the body and tail of the pancreas, with the largest cross-sectional area of 4.5 * 2.9 cm, clear boundaries, uneven internal echoes. No dilated pancreatic duct, no abnormal echoes inside; Conclusion: Hypoechoic space-occupying lesion in the pancreas.

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